

Cancer Resource Guide

Tennessee Comprehensive Cancer
Control Coalition

November 2006

TABLE OF CONTENTS

Acknowledgements.	Page 1-2
General Cancer.	Pages 3-10
Bone Cancer and Bone Marrow.	Pages 10- 11
Brain Tumor.	Page 11-12
Breast Cancer.	Pages 12-15
Metastict Breast Cancer.	Page 15
Cervix.	Page 15
Children.	Pages 15-16
Colon Cancer.	Page 16
Eye Cancer.	Page 16
Gynecological Cancer.	Pages 16- 17
Kidney Cancer.	Page 17
Leukemia and Lymphoma.	Pages 17- 18
Liver Cancer.	Page 18
Lung Cancer.	Pages 18- 19
Oral Cancer.	Page 19
Ovarian Cancer.	Page 19
Pancreatic Cancer.	Page 20
Prostate Cancer.	Page 20
Skin Cancer.	Pages 20-21
Teens/Young Adults.	Page 21
Thyroid Cancer.	Page 21
Urological Cancer.	Page 21
Finances.	Pages 22-24
Food/Clothing/Shelter/Utility.	Pages 25-35
Health Care.	Pages 36-39
Hospitals.	Pages 40-43
Insurance.	Pages 44-46
Legal.	Pages 47-48
Prescriptions.	Pages 49-51
Support Groups, Advocacy.	Pages 52-55
Blind/Visually Impaired Services.	Page 54
Smoking Cessation Services.	Page 55
Transportation.	Pages 56-57
Air Transportation.	Page 57
Veterans.	Page 58

Acknowledgements

This resource guide would not be possible without the assistance of the East Tennessee Region 1 Comprehensive Cancer Control Coalition (ETCCCC) and John L. Bell, MD, Chair of the ETCCCC. Within this Coalition, many agencies were involved in gathering and compiling these resources. Gratitude is extended to the following agencies:

American Cancer Society
Baptist Hospital of East Tennessee Cancer Center
Baptist Regional Cancer Center at Baptist Hospital
West
East Tennessee Children's Hospital
East Tennessee State University
Hope for Today Support Group
Knox County Health Department
Knoxville Regional Health Department
Men's Health Network
National Cancer Institute
Saint Mary's Medical Center Cancer Center
Susan G. Komen Breast Cancer Foundation
Knoxville Affiliate
Tennessee Breast & Cervical Cancer Early Detection
Program
Thompson Cancer Survival Center
University of Tennessee College of Nursing
University of Tennessee Medical Center Cancer
Institute
Wellmont Bristol Regional Cancer Center
The Wellness Community

This resource guide is intended for use by patients with cancer, their caregivers and family members, and healthcare providers. At the time of printing, the information listed was correct. There may be additional resources available that are not listed in this guide, and the information listed may

change. The members of the ETCCCC hope this guide will be useful to patients with cancer, as well as their family members and caregivers.

Cancer Resources

General

About.com

Cancer.about.com/health/cancer/

Provides information on cancer and different types of cancer; some original information, as well as from medical journals and other sources

American Cancer Society 584-1668 (Knoxville office); 800-227-2345 (toll-free)

www.cancer.org

Provides information on different types of cancer, educational material, support services, wigs, financial information

American Institute for Cancer Research
800-843-8114 (toll-free)

www.aicr.org

Cancer charity fund fosters research on diet and cancer prevention, educational material

American Pain Foundation 888-615-7246 (toll-free)

www.painfoundation.org

Provides information, advocacy, resources, and support

American Society for Therapeutic Radiology and Oncology 800-962-7876 (toll-free)

www.astro.org

Provides research and information on radiation treatments

American Society of Plastic and Reconstructive Surgeons 888-475-2784 (toll-free)

www.plasticsurgery.org

Provides list of board-certified plastic surgeon based on area

Association of Cancer Online Resources

www.acor.org

Supports patient advocacy, provides information, online communities and support networks

Association of Oncology Social Work 215-599-6093

www.aosw.org

Professional association for social workers in the oncology field; provides resources and information

Cancer Care 800-813-4673 (toll-free)

www.cancercare.org

Provides free services to patients: counseling, education, information and referrals, financial assistance

CancerEducation.com

www.cancereducation.com

Provides information and resources; interactive website featuring audio-clips of information

Cancerfacts.org 877-422-3228 (toll-free)

www.cancerfacts.com

Online resource with cancer news and information and support services

Cancer Hope Network 877-467-3638 (toll-free)

www.cancerhopenetwork.org

Provides individual support by matching people with trained cancer survivor volunteers

Cancer Research and Prevention Foundation

800-227-2732 (toll-free)

www.preventcancer.org

Provides information, advocacy, and links to some site-specific cancers; mission is prevention and early detection of cancer

Caring Voice Coalition 888-267-1440 (toll-free)
www.caringvoice.org
Provides resources, advocacy, and support
for patients with serious and chronic disorders

Center Watch, Inc Clinical Trials Listing Service
www.centerwatch.com
Provides list of clinical trials, studies, and
recently approved drug therapies

Chemocare.com
www.chemocare.com
Provides information and resources

Coalition of Cancer Cooperative Groups
877-520-4457 (toll-free)
www.cancertrialshelp.org
Provides information and education on
cancer clinical trials

Compassionate Friends 877-969-0010 (toll-free)
www.compassionatefriends.org
Offers support to bereaved parents,
grandparents, and siblings

Coping Magazine 615-790-2400
www.copingmag.com
Bi-monthly national magazine for cancer
patients, families, and professionals

Crossing the Finish Line 484-674-4778
www.crossingthefinishline.org
Provides free retreats for young adults with
cancer and their caregiver who are living in
Pennsylvania, Delaware, or New Jersey

Dream Foundation 805-564-2131
www.dreamfoundation.org
Enhance quality of life of individuals and
families battling terminal illnesses by fulfilling last

wishes of terminal adults (18-65) when life expectancy is less than one year

Fairygodmother Foundation 773-388-1160

www.fairygodmother.org

Grants wishes of terminally ill adults 18 and older with a life expectancy of less than one year; application and guidelines available online

Fertile Hope 888-994-4673 (toll-free)

www.fertilehope.org

Provides information, support, and hope re: cancer and fertility, offers education, financial assistance

Gilda's Club Worldwide 917-305-1200

www.gildasclub.org

Focus on living with cancer, provides support, local club in Nashville, TN

Hospice Education Institute 800-331-1620 (toll-free)

www.hospiceworld.org

Based in Connecticut; provides information on hospice programs and provides regional seminars on hospice care across the U.S.

Intercultural Cancer Council 713-798-4617

Iccnetwork.org

Promotes policies, programs, and research to eliminate unequal burden of cancer among racial minorities

Lance Armstrong Foundation 512-236-8820

www.laf.org

Survivor resources, support, programs, advocacy

Make-A-Wish Foundation 423-629-9474

(Chattanooga Chapter)

easttennessee.wish.org (Chattanooga
Chapter) www.wish.org (National)
Grants wishes of children 2 ½ to 17 years of
age with life-threatening medical conditions; call or
complete application online to request a wish

National Asian Women's Health Organization
415-989-9747
www.nawho.org
Provides research and advocacy to improve
health status of Asian women and their families

National Cancer Institute
www.cancer.gov
Research, training, and disseminates health
information

National Cancer Institute Cancer Information Service
800-422-6237 (toll-free)
<http://cis.nci.nih.gov>
Provides the latest and most accurate cancer
information to patients, their families, the public, and
health professionals. The CIS serves the United
States, Puerto Rico, the U.S. Virgin Islands, and the
Pacific Islands

National Cancer Survivor's Day Foundation
615-794-3006
www.ncsdf.org
Provides education and networking for
organizations that support National Cancer
Survivor's Day

National Center for Complementary and Alternative
Medicine 888-644-6226 (toll-free)
www.nccam.nih.gov
Supports research on complementary and
alternative medicine, trains researchers, and
disseminates information

National Coalition for Cancer Research
www.cancercoalition.org/main.html
National group of 26 organizations focused
on increasing support for cancer research; provides
information and advocacy

National Coalition for Cancer Survivorship
888-937-6227 (toll-free)
www.canceradvocacy.org
Promotes education, advocacy, and
resources

National Comprehensive Cancer Network
888-909-NCCN (toll-free)
www.nccn.org
Provides professional support, patient
education; has patient version of *Oncology Practice
Guidelines*

National Family Caregivers Association
800-896-3650 (toll-free)
www.nfcacares.org
Provides support, education, and advocacy
for family caregivers

National Hospice & Palliative Care Organization
800-658-8898 (toll-free)
www.nhpco.org
Provides education, resources, and support

National Lymphedema Network 800-541-3259 (toll-
free)
www.lymphnet.org
Provide education and guidance to
lymphedema patients

National Organization for Rare Disorders, Inc
800-999-6673 (toll-free voice mail only),
203-744-0100
www.rarediseases.org

Provides counseling and education on rare disorders and medication assistance program

National Women's Health Network 202-628-7814
(Health Information Line)

www.nwhn.org

Non-profit health advocacy organization;
provides advocacy and information

Native American Cancer Initiatives, Inc
800-537-8295 (toll-free survivors network)

www.natamcancer.org

Provides information, support, and research
on cancer within Native American communities

Office of Minority Health Resource Center

www.omhrc.gov

Provides information and education relevant
to minority health issues, provides link to Spanish
language site

OncoLink

www.oncolink.com

Provides information on cancer and
resources

Oncology Nursing Society 866-257-4667 (toll-free)

www.ons.org

National organization for registered nurses
and other healthcare professionals dedicated to
excellence in healthcare related to oncology; provides
information and cancer forums

Patient Advocate Foundation 800-532-5274 (toll-
free)

www.patientadvocate.org

Serves as liaison between patient and
insurance, employer, and/or creditors

People Living With Cancer

www.plwc.org

Provides information, support, and education for people with cancer, including children and young adults

Planet Cancer 512-481-9010

www.planetcancer.org

Community of young adults with cancer, offers support and “Cancertainment”

R.A. Bloch Cancer Foundation, Inc 800-433-0464 (toll-free)

www.blochcancer.org

Programs for people with cancer and their families: second-opinion boards, free books on fighting cancer, and relaxation tapes

Vital Options International 800-477-7666 (toll-free)

www.vitaloptions.org

Provides information and support; offers radio talk show online and on XM satellite radio

WebMD 201-703-3400

www.webmd.com

Provides health information

The Wellness Community 865-546-4661 (Knoxville office); 800-793-WELL (toll-free)

www.wellnesscommunitytn.org (Knoxville website); www.thewellnesscommunity.org (National website)

Provides support groups, workshops, educational material, local office located in Knoxville

Bone

Bone Cancer International 805-480-3551

www.bonecancer.to

Provides information and support

Bone Marrow

BoneMarrowTest.com 800-915-3695 (toll-free)

www.bonemarrowtest.com

Provides resources for patients needing stem cell transplants

National Bone Marrow Transplant Link

800-546-5268 (toll-free)

www.nbmtlink.org

Provides information for prospective bone marrow transplant patients

National Marrow Donor Program 800-627-7692 (toll-free)

www.marrow.org

Facilitates unrelated marrow and blood stem cell transplants for patients with life-threatening diseases who do not have matching donors in their families

Brain

American Brain Tumor Association 800-886-2282 (toll-free patient line)

www.abta.org

Provides information and resources about brain tumors

Brain Tumor Foundation 212-265-2401

www.braintumorfoundation.org

Provides information, advocacy, and support

The Brain Tumor Society 800-770-8287 (toll-free)

www.tbts.org

Provides information, support, and resources; support group located in Memphis

National Brain Tumor Foundation 800-934-2873 (toll-free)

www.braintumor.org

Provides resources and information, funds research

North American Brain Tumor Coalition (NABTC)
202-508-4670

www.nabraintumor.org

Provides information and advocacy

Breast

American Breast Cancer Foundation 877-539-2543
(toll-free)

www.abcf.org

Provides education, support, research, and screening assistance programs

BreastCancer.org

www.breastcancer.org

Provides information and support for breast cancer patients

Breast Cancer Education Network 206-352-4066

www.healthtalk.com/breastcancer/

Provides support, information, and broadcasts information and presentations by phone and the Internet

The Breast Cancer Fund 866-760-8223 (toll-free)

www.breastcancerfund.org

Provides research, advocacy, resources, and policy initiatives focusing on detection, treatment, prevention, and access to care

BreastCancer.Net

www.breastcancer.net

Clearinghouse for information on breast cancer; provides database of information, resources, and support groups

Breast Ultrasound Foundation

www.breastultrasound.org

Provides education and advocacy for breast ultrasounds

Conviviendo con el Cancer de Seno

<https://chess.chsra.wisc.edu/espanol/Home/Home.aspx>

Spanish language website providing information for patients with breast cancer

Facing Our Risk of Cancer Empowered (FORCE)

www.facingourrisk.org

For women with increased risk of breast cancer due to family history and genes; offers support and information

Living Beyond Breast Cancer 888-753-5222 (toll-free)

www.lbbc.org

Provides information, support, conferences, quarterly newsletter, and help line

LivingWithIt.org

www.livingwithit.org

Provides support to people with breast or lung cancer

Mautner Project for The National Lesbian Health Organization 202-332-5536

www.mautnerproject.org

Provides education and support to lesbians with cancer and their partners and families

National Breast Cancer Awareness Month

www.nbcam.org

Provides information and advocacy

National Breast Cancer Coalition 800-622-2838 (toll-free)

www.natlbcc.org

Grassroots advocacy group

OBGYN.net Latina
Latina.obgyn.net/espanol
Provides extensive collection of information
for Spanish-speaking women with OB-GYN and
breast cancer

Sister Study 877-474-7837
www.sisterstudy.org
Information on study being conducted on
sisters, one with breast cancer and one without;
information on how to join study available online

Susan G. Komen Breast Cancer Foundation
865-692-3666 (Knoxville affiliate); 800-462-9273
(toll-free)
www.komenknoxville.org (Knoxville
affiliate); www.komen.org (National)
Dedicated to advancing research, education,
screening, and treatment; local affiliate located in
Knoxville

SusanLoveMD.org 312-230-1712
www.susanlovemd.org
Provides education, research, advocacy, and
advice

Y-ME National Breast Cancer Organization
423-622-4454 (Chattanooga affiliate 8:30 AM-4:30
PM); 800-221-2141 (toll-free English with
interpreters in 150 languages 24-hour hotline)
800-986-9505 (toll-free Espanol 24-hour hotline)
www.y-me.org/chattanooga (Chattanooga
affiliate) www.y-me.org (National)
Provides help line and peer support; local
affiliate located in Chattanooga

Young Survival Coalition 212-206-6610
www.youngsurvival.org
For young women diagnosed with breast
cancer; offers information, support, and education

Metastatic Breast Cancer

Breast Cancer Center

www.patientcenters.com/breastcancer

Provides education, information, and resources for patients with metastatic breast cancer

Cervix

National Cervical Cancer Coalition 800-685-5531
(toll-free)

www.nccc-online.org

Provides information and support

Children

Candlelighters Childhood Cancer Foundation
800-366-2223 (toll-free)

www.candlelighters.org

Provides information, support, and advocacy

Childhood Cancer Awareness 800-458-6223 (toll-free)

www.curesearch.org

Provides information

CureSearch: Children's Oncology Group
800-458-6223 (toll-free)

www.curesearch.org

Provides information, advocacy, research, and support for children and adolescents and their family members

Kid Support 847-869-1323

www.kidsupport.org

Provides adult led peer support programs for children with a parent who has breast cancer

KidsCope 404-892-1437

www.kidscope.org

Provides educational material to help children cope with changes when a parent has cancer

Kids Konnected 800-899-2866 (toll-free);
423-778-5119 (Chattanooga location)

www.kidskonnected.org

Provides friendship, education, and support to children who have parents with cancer; local support group located in Chattanooga at Erlanger Health Center

Locks of Love 888-896-1588 (toll-free info)

www.locksoflove.org

Provides hairpieces to children under 18 years of age who have long-term medical hair loss; application can be downloaded from website

Ronald McDonald House Charities 630-623-7048

www.rmhc.org

Provides support, resources, and grants to improve the health and well being of children and their families

Special Spaces 865-659-8531

www.specialspaces.org

Non-profit organization that designs children's rooms for children with life-threatening illnesses; located in Knoxville

Colon

Colon Cancer Alliance 877-422-2030 (toll-free)

www.ccalliance.org

Provides support, education, buddy program

Eye

The Eye Cancer Network 212-832-8170

www.eyecancer.com

Provides education and links to physicians and support for patients and families

Gynecological

Gynecologic Cancer Foundation 800-444-4441 (toll-free)

www.thegcf.org

Ensure public awareness of gynecologic cancer prevention, early diagnosis, and supports research

OBGYN.net Latina

Latina.obgyn.net/espanol

Provides extensive collection of information for Spanish-speaking women with OB-GYN and breast cancer

Women's Cancer Network 312-644-6610

www.wcn.org

Interactive website, provides education and information

Kidney

Kidney Cancer Association 800-850-9132 (toll-free)

www.curekidneycancer.org

Provides information, education

National Kidney Foundation 865-688-5481

(Knoxville office); 800-622-9010 (toll-free national office)

www.kidneyetn.org (Knoxville website);

www.kidney.org (National website)

Provides information

Leukemia/Lymphoma

International Myeloma Foundation 800-452-2873

(toll-free); 423-886-1606 (Chattanooga support group)

www.myeloma.org

Provides information, support groups; local support group located in Chattanooga Memorial Cancer Research Center

The Leukemia & Lymphoma Society 800-955-4572 (toll-free)

www.leukemia-lymphoma.org

Provides support groups, education, and financial assistance

Lymphoma Research Foundation 800-500-9976 (toll-free)

www.lymphoma.org

Provides information, support, advocacy, and research

Multiple Myeloma Research Foundation
203-972-1250

www.multiplemyeloma.org

Provides opportunities for clinical trials, education, seminars, newspaper

Liver

American Liver Association 866-756-7668 (toll-free Memphis Chapter); 800-223-0179 (toll-free National)

www.midsouthliverfoundation.org

(Memphis Chapter); www.liverfoundation.org (National)

Provides information and advocacy on liver diseases

LiverTumor.org

www.livertumor.org

Website answering questions, providing education and support

Lung

Alliance for Lung Cancer Advocacy, Support, and Education 800-298-2436 (toll-free)

www.lungcanceralliance.org

Helps improve quality of life for people with lung cancer, offering support, newsletter, and educational information

American Lung Association 800-586-4872 (toll-free)

www.lungusa.org

Dedicated to conquering lung disease,
provides information; local chapters in Chattanooga
and Nashville

LivingWithIt.org

www.livingwithit.org

Provides support to people with lung or
breast cancer

Oral

The Oral Cancer Foundation 949-646-8000

www.oralcancerfoundation.org

Provides education, research, information,
support, and newsletter

Support for People with Oral and Head and Neck
Cancer 800-377-0928 (toll-free)

www.spohnc.org

Provides information, support, and advocacy

Ovarian

National Ovarian Cancer Coalition 888-682-7486
(toll-free)

www.ovarian.org

Provides information, advocacy, and
resources

Ovarian Cancer National Alliance 202-331-1332

www.ovariancancer.org

Works at national level to increase
understanding of ovarian cancer, advocates for more
research

SHARE: Self Help for Women with Breast or
Ovarian Cancer 866-891-2392 (toll-free)

www.sharecancersupport.org

Provides information, support groups,
education

Pancreas

National Pancreas Foundation

www.pancreasfoundation.org

Provides information and services to people with pancreatic diseases

Pancreatic Cancer Action Network 877-272-6226
(toll-free)

www.pancan.org

Provides education and advocacy

Prostate

National Prostate Cancer Coalition 888-245-9455
(toll-free)

www.pcacoalition.org

Advocacy organization, grassroots

The Prostate Net 888-477-6763

www.prostate-online.org

Provides information for men with prostate cancer

Us Too! International, Inc 800-808-7866 (toll-free)

www.ustoo.org

Provides information, counseling, and educational meetings for men with prostate cancer and their families; local groups in Bristol, Cookeville, Kingsport, and Nashville

Skin

American Academy of Dermatology 866-503-7546
(toll-free)

www.aad.org

Provides information and advocacy

Melanoma.com

www.melanoma.com

Provides information

Skin Cancer Foundation 800-754-6490 (toll-free)

www.skincancer.org

Advocates for prevention, education,
community action, research

Teens/Young Adults

Teens Living with Cancer 585-334-0858

www.teenslivingwithcancer.org

Provides information and support to teens
with cancer

Re-Mission.net

www.re-mission.net

On-line community for teens and young
adults with cancer; provides video game about cancer
for young people with cancer

Thyroid

ThyCa: Thyroid Cancer Survivors' Association, Inc
901-301-2377 (Memphis support group);
877-588-7904 (toll-free)

www.thyca.org

Provides information, support, opportunity
for clinical trials, newsletter; local support group in
Memphis

Thyroid-Cancer.net

www.thyroid-cancer.net

Provides information

Thyroid Cancer Outreach Network

www.thyroid.about.com

Provides information and support

Urological

American Urological Association Foundation
800-828-7866 (toll-free)

www.auafoundation.org

Provides information and support groups

Finances

*If having difficulty paying bills, contact companies and talk with them about current situation and payment options. Some companies may work with you and develop a payment plan or lower payments.

American Cancer Society 800-ACS-2345 (toll-free)

www.cancer.org

Provides some financial assistance only if difficulty is due to cancer diagnosis; can only provide assistance one time to patient

Consumer Credit Counseling Services 800-251-2227 (toll-free)

Provides credit counseling to help people establish debt repayment programs; call to make face-to-face appointment

CancerCare 800-813-4673 (toll-free)

www.cancercare.org

Provides financial assistance for treatment-related expenses; application available online

HealthWell Foundation 800-675-8416 (toll-free)

www.healthwellfoundation.org

Provides financial assistance for people with certain cancer diagnoses; assists with prescriptions, health insurance premiums, and out-of-pocket healthcare costs; can call or apply online

The Marrow Foundation Patient Assistance Program 888-999-6743 (toll-free)

www.marrow.org

Provides financial assistance for bone marrow transplants; criteria and process can be found on website

McMinn County Area Relief Fund 423-744-3153

www.macrf.org

Provides financial assistance to patients with cancer who live in McMinn, Meigs, Monroe, and Polk Counties; application available online

National Association for the Terminally Ill
888-847-0390 (toll-free)

www.terminallyill.org

Provides financial assistance for individuals who have less than 2 years to live; must have medical questionnaire completed; forms available online

Patient Advocate Foundation 800-532-5274 (toll-free)

www.patientadvocate.org

Serves as liaison between patient and insurance, employer, and/or creditors

Susan G. Komen Breast Cancer Foundation
865-692-3666 (Knoxville affiliate); 800-462-9273 (toll-free)

Provides funds in various communities to assist women with breast cancer with financial assistance. Contact Susan G. Komen Breast Cancer Foundation Knoxville Affiliate for contact names and phone numbers.

United Way-Located in various communities; provides financial assistance with bills

www.unitedway.org

Anderson County: 865-483-8431

Blount County: 865-982-2251

Bradley County: 423-479-2020

Greene County: 423-639-9361

Hamblen County: 423-581-8601

Knox County: 865-523-9131

McMinn & Meigs County:

423-745-9606

Monroe County: 423-337-7690

Roane County: 865-882-7711

Sevier County: 865-453-4261

Food/Clothing/Shelter/Utility

*Senior Programs: People who are not in the senior age group may be able to qualify for some senior programs if they have a disability. Contact the programs to check qualifications if interested in a specific program.

Aid to Distressed Families of Anderson County
865-483-6028

Assists with utilities, prescriptions, glasses

Angel Food Ministries 888-819-3745 (toll-free)

www.angelfoodministries.com

Provides groceries in a medium-size box for \$25/box; one box can feed family of four for about 1 week; has multiple church host sites across the county; menus and location sites available online or by phone

Backyard Missions 865-689-5175

Located in Fountain City, provides food

Baptist Center at Montgomery Village 865-577-6244

Located in Knox County; provides clothing and food

Baptist Center at Western Heights 865-525-9068

Located in Knox County; food and clothing

Blount County Food Bank 865-983-4206

Campbell County Food/Life Services 423-566-6083

Cancer Fund of America 800-578-5284 (toll-free) or
800-441-1664 (toll-free)

www.cfoa.org

Provides a variety of free products for cancer patients; call or go to website for information

Catholic Social Services 865-524-9896

Emergency food/shelter in Knox County

Center for Energy and Housing Services
865-637-6700

Low-income energy assistance;
weatherization programs; minor home repair program

Center of Hope 865-984-1113

www.4-hope.org

Located in Knoxville; provides assistance
with food, clothes, and household items

Central Charities Committee of Newport
423-623-7271

Provides emergency assistance with food,
utilities, and rent to residents of Cocke County; also
assists stranded transient people

Chilhowee Baptist Center 865-981-2992

Located in Blount County; provides
emergency food

Cocke County Office on Aging 423-623-1400

Provides emergency food

Cokebury United Methodist Church 865-246-0424

Located in Knox County; provides
emergency assistance

Community Action Center

Located in various communities; provides
emergency assistance with food, utilities, rent, Ensure
products, prescriptions, weatherization, finances,
home repair; services may differ between counties

Anderson County: 865-457-5500

Blount County: 865-983-8412

Bradley County-Cleveland: 423-479-4111

Knoxville-Knox County: 865-546-3500

Mid-East Tennessee (Roane and Loudon
Counties): 865-354-0450

Southeast Tennessee (Bledsoe, Grundy, McMinn, Meigs, Polk, Rhea, and Sequatchie Counties): 423-949-2191

Upper East Tennessee (Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties): 423-246-6180

Community Food Connection 865-977-4400
Located in Maryville

Community Shares Food Bank 865-522-1604
Located in Knoxville

Crazy Quilt Friendship Center 423-784-6022
Located in Jellico; assists with emergency clothing, food, and utilities

Cross, Inc 865-579-6192
Located in Seymour

Cumberland County Good Samaritans 931-484-3225
Builds ramps, assists with emergency needs

Cumberland County Resource Agency 931-456-0691
Meals on wheels, energy assistance, transportation

Douglas Cherokee Economic Authority
423-442-3983
Serves Cocke, Grainger, Hamblen, Jefferson, Monroe, and Sevier counties; assists with finances, food, clothing, housing

East Tennessee Human Resource Agency (ETHRA)
Located in various communities; provides emergency assistance with food, utilities, transportation

Anderson County: 865-457-3357
Blount County: 865-681-1966
Campbell County: 423-526-2948

Claiborne County: 423-626-8187
Knox County: 865-691-2551
Loudon County: 865-986-7331
Monroe County: 423-442-5311
Morgan County: 423-346-6651
Roane County: 865-376-3319
Union County: 865-992-8816

Elk's Lodge Shoe Giveaway 865-588-1879
Provides shoes for elementary school children in Knox County; parents must contact school to get vouchers

Fish of Knoxville 865-523-7900
Provides 3-day emergency supply of food, may be able to deliver if needed

Food Program at the MLB Building 865-546-3500
Located in Knoxville

Friendship Baptist Church 865-691-4084
Located in Knox County; offers clothing and food

Gentle Touch Ministries 423-623-5372
Located in Newport; provides emergency clothing and food to Cocke County residents

Good Samaritan Center 865-986-1777
Located in Loudon County

Goodwill Industries-Located in various communities; provides reduced priced clothing

www.goodwill.org

Alcoa: 865-984-5296

Athens: 423-746-0611

Chattanooga: 423-629-2501 (Health

Equipment Link Program to assist with providing medical equipment)

Clinton: 865-457-4798

Dayton: 423-570-0532
Harriman: 865-882-6952
Jefferson City: 865-475-6282
Knoxville: 865-521-9361 (Asheville Hwy)
865-573-3627 (Chapman Hwy)
865-588-8567 (Kingston Pike)
865-922-9114 (Maynardville Hwy)
865-524-0245 (North Broadway)
865-675-6470 (West End Ave)
LaFollette: 423-566-7411
Lenoir City: 865-988-8507
Morristown: 423-587-9763
New Tazewell: 423-626-1909
Newport: 423-613-0815
Oak Ridge: 865-481-3227
Oneida: 423-286-8737
Rutledge: 865-828-5663
Sevierville: 865-453-0007

Habitat for Humanity Thrift Shop 865-988-7427
Located in Lenoir City; thrift store with clothing, furniture, and appliances serving residents of Loudon County

Hamblen County Central Services 423-586-9431
Provides emergency food, utilities

Helping Hands Home Assistance 865-692-5258
Available in Anderson, Blount, Knox, Loudon, and Monroe Counties; offers services to the elderly and people with disabilities, enabling them to live independently; offers sitters/companions, financial counseling, skills training

Hispanic Catholic Charities 865-637-4769
Hispanic ministry

Jefferson County Neighborhood Service Center
865-475-4745
Assists with utility bills

Jellico Seventh Day Adventist Community Service
423-784-0670

Provides thrift store, food bank, and
emergency utility and rent assistance to Jellico
residents

Just Ask 211 211

8 AM-11 PM; Referrals for various services

Knox Area Rescue Mission 865-673-6554

Provides food, shelter

Knox County Public School Clothing Center
865-594-3791

Clothing for school age children; must have
clothing card from school

Knox County Office on Aging 865-524-2786

Provides mobile meals, transportation, and
other services for seniors

Knoxville Arthritis Foundation 865-470-7909

Provides loan closet

Knoxville's Community Development Corporation
865-403-1100

Provides low income housing

For Section 8 Housing-865-403-1258

Knoxville Utilities Board 865-524-2911

Works with agencies and customers to
coordinate assistance on KUB bills; Project Help

Ladies of Charity 865-524-0538

Emergency assistance for utilities, groceries,
rent, clothing, fuel, and medical aid

LaFollette Homeless Shelter 423-562-5366

Love Kitchen 865-546-3248

Located in Knoxville; provides food for those who are homeless or homebound

Manna House Community Outreach Center
423-869-9777

Located in Harrogate; provides emergency assistance with food and clothing

Ministerial Association Temporary Shelter (MATS)
423-587-9215

Located in Morristown; provides shelter, food, clothing, counseling

Ministerial Benevolent Fund 423-442-2170

Located in Madisonville; emergency funds and food

Meals on Wheels-Located in various communities; food brought to home

Anderson County: Office on Aging
865-457-3259

Blount County: Community Action Center
865-983-8412

Campbell County:
Senior Citizens of Jellico
423-784-9041
LaFollette Senior Citizen's Center
423-562-6672 (8:30AM-12:30PM)

Claiborne County: Senior Citizens Center
423-869-8080

Cocke County: Newport Housing Authority
423-623-3711

Cumberland County: Human Resource Agency 931-456-0691

Grainger County: Office of the Aging
865-828-5397

Hamblen County:
Morristown Senior Citizens Center
423-581-5166

Douglas Cherokee Economic
 Authority 423-587-4500
 Jefferson County: Senior Nutrition Program
 865-475-1186
 Johnson City: First TN Area Agency on
 Aging 423-928-0224
 Knoxville:
 Baptist Senior Health Centers
 865-281-2961 (Clinton Hwy)
 865-522-8922 (N. Broadway)
 865-588-8143 (Kingston Pike)
 865-675-3454 (Kingston Pike
 Farragut)
 Covenant Senior Health Center
 865-531-5571
 Mobile Meals 865-524-2786
 O'Connor John T. Senior Center
 865-523-1135
 Office on Aging 865-524-2786 (for
 seniors)
 Senior Citizens Center Educational
 & Social Service 865-523-1135
 St. Mary's Alzheimer's Day Center
 865-545-7530
 Westbrook Senior Center
 865-558-0555
 Loudon County:
 Community Action Agency
 865-986-7162
 Senior Citizens Center
 865-458-5445
 Maynardville: Senior Citizen Center
 865-992-3292
 Monroe County:
 Douglas Cherokee Economic
 Authority 423-442-5834 (to
 grocery store, doctor)
 Cora Veal Senior Citizens Center
 (Madisonville) 423-442-2022
 Morgan County: Dial a Ride 423-346-6651

Roane County: Rockwood Office on Aging
865-354-0450

Scott County: Nutritional Program
423-569-6729

Sevier County:
Baptist Senior Health Center
865-428-5614
Senior Nutrition Program
865-453-4906
Sevier Senior Center 865-453-8080

Strawberry Plains:
Strawberry Plains Senior Citizens
Center 865-933-9255

Union County:
Human Resource Agency
865-992-8816
Senior Citizens Center
865-992-3292

Monroe County Family Resource Center
423-442-6109
Assist with utilities

Monroe County Food Pantry 423-442-7273

Monroe County Neighborhood Center 423-442-3769
Provides emergency food

Morgan County Dial a Ride 423-346-6651
Provides assistance with utilities

Morgan Scott Project 423-965-3131
Provides emergency assistance to residents
of Morgan and Scott Counties

Nearly New-YWCA 865-482-9922
Located in Oak Ridge; provides clothing at
reduced cost

North Knox County Community Chest 865-938-3517

Non-profit thrift store selling clothes and various items at low cost

Roane County Coop. Ministries 865-376-4779
Provides emergency food

Salvation Army-Located in various communities; may not be able to assist with utility bills if receive government subsidized housing

Campbell County: 423-566-2214

Johnson City: 423-926-2101 or
423-928-9426

Kingsport: 423-246-6671

Knoxville: 865-525-0434 or 865-525-9401

LaFollette: 423-562-4341

Oak Ridge: 865-483-4694

Sevierville: 865-908-4010

Scottish Rite Temple 865-524-3459/865-524-3450
Loan closet

Seaton Thrift Shop 865-882-0558
Located in Harriman; provides clothing at reduced cost

Second Harvest Food Bank 865-521-0000

Sevier County Food Ministries 865-428-5182

Sevier County Neighborhood Center 865-453-7131

Sevier County Office on Aging 865-453-8080
Provides services for seniors

Smoky Mountain Area Rescue Ministries 865-908-3153

Provides temporary emergency shelter, resources for people living in Sevier County

Southeast Area Agency on Aging 423-266-5781

Provides services for seniors and people
with disabilities

Sweetwater Area Ministries 423-337-0210

Emergency assistance with food and
utilities; application process

Trinity Outreach Center 931-537-9814

Located in Cookeville; assists with clothing
and food; assists only Putnam County residents with
utilities, rent, and prescription needs

Union County Heins Creek Baptist 865-992-8124

Provides emergency food

Union County Food Pantry 865-992-4335

Provides emergency food

United Way

www.unitedway.org

Provides some financial assistance,
emergency food and shelter; see Finances listing for
phone numbers

Volunteer Ministries 865-525-5778

Emergency assistance with food, shelter,
health, utilities, and mental health

West Park Baptist Church 865-690-0031

Offers assistance with food/meals

Angelic Ministries 865-523-8884

Provides low-income families with
clothes, household items

Health Care

Cherokee Health System-Located in various communities; not-for-profit healthcare agency provides medical, dental, and/or behavioral healthcare on sliding fee scale

Blount County: 865-380-4390

Claiborne County: 423-623-8271

Cocke County: 423-623-5301

Grainger County:

Rutledge-865-828-4248

Bean Station-865-993-4300

Blaine-865-933-4110

Washburn-865-497-2591

Hamblen County: 423-586-5032

Jefferson County: 865-471-0312

Knox County:

College St.-865-544-0406

(behavioral & primary care)

Dameron Ave.-865-215-5456

(behavioral health only)

Dutch Valley Rd-865-342-1910

(behavioral health only)

E. Emory Rd-865-925-4172

(behavioral health & substance use)

Loudon County: 865-986-8082

Sevier County: 865-573-0698

Union County: 865-992-3849

Dayspring Family Health Center 423-784-8492

Located in Jellico; offers sliding fee scale based on income

Deer Lodge Medical Clinic 423-965-3680

Located in Deer Lodge; sliding fee scale healthcare and dental care-no insurance required

Free Medical Clinic of America 865-577-3733

Located in Knox County, must show proof of employment

Good Samaritan Clinic 865-983-9802

Located in Blount County; sliding fee scale-
no insurance required

Good Samaritan Dental Clinic 865-977-4784

Located in Blount County; provides dental
care to low-income residents; must meet income
guidelines

Health Department-Offers sliding fee scale
healthcare; many offer vaccinations to residents;
located in various communities:

Anderson County: 865-425-8800

Blount County: 865-983-4582

Bradley County: 423-728-7020

Campbell County: 423-562-8351

Claiborne County: 423-626-4291

Cocke County: 423-623-8733

Cumberland County: 931-484-6196

Grainger County: 865-828-5247

Hamblen County: 423-586-6431

Jefferson County: 865-397-3930

Knox County: 865-215-5500

Loudon County: 865-458-2514

McMinn County: 423-745-7431

Monroe County: 423-442-3993 or
423-442-5934

Roane County: 865-354-1220

Sevier County: 865-637-6853

Union County: 865-992-3867

Indian Mountain Clinic 423-784-5771

Located in Clairfield; sliding fee scale based
on income for Claiborne County residents

Interfaith Health Clinic 865-546-7330

Located in Knox County; sliding fee scale-
no insurance required; does not accept Medicare
patients

Laurel Fork Clear Fork Health Center
Located in Clairfield; sliding fee scale based
on income for Claiborne County residents

Lions Club-Located in various communities;
provides glasses, additional programs available
www.lionsclubs.org

Medic Clinic 865-453-1122
Located in Pigeon Forge

Mt. Hope/Good Shepherd Clinic 865-774-7684
Located in Sevier County; sliding fee scale-
no insurance required

Parrottsville Center 423-625-1170
Provides primary care services regardless of
ability to pay

People's Clinic/Volunteer Ministries 865-524-3926
Walk-in clinic, medical, dental, and
behavioral services

Poison Control 800-288-9999 (toll-free)

Prince Medical Center 865-546-5177
TennCare and sliding fee scale based on
income and family size

Project Access 865-531-2766
Provides care to Knox County residents who
do not have insurance and are ineligible for any
insurance; does have screening process and income
guidelines

Regional Education & Community Health Services
(REACHS) 423-562-1705
Located in LaFollette; provides sliding fee
scale for those without insurance

Rockwood Health Clinic 865-354-3034
Located in Roane County

Rural Medical Services, Inc. 865-509-0055
Located in Jefferson and Cocke Counties;
provides primary care services to those living in
Jefferson and Cocke Counties; also has Migrant
Health Program located in Parrottsville

Vision USA 800-766-4466
www.aoa.org
Provides vision care services free of charge
to uninsured low-income people and their families;
has income guidelines

Washburn Medical Center 865-497-2591
Sliding fee scale-application process and
need to show proof of income

Women's Wellness & Maternity Center
423-442-6624 or 800-440-3385
Located in Madisonville; sliding fee scale;
women's health clinic and freestanding birth center

Hospitals

Athens Regional Medical Center 423-745-1411
www.athensrmc.com

Baptist Hospital of Cocke County 423-625-2200
www.baptistoneword.org

Baptist Hospital of East Tennessee Cancer Center
865-632-5595
www.baptistoneword.org

Baptist Regional Cancer Center at Baptist Hospital
West 865-218-7081
www.baptistoneword.org/cancercenter.html

Blount Memorial Hospital Cancer Center
865-983-7211
www.blountmemorial.org

Bradley Memorial Hospital The Warnie Finnell
Oncology Center 423-559-6000
www.bradleyhospital.com

The Children's Hospital at Johnson City Medical
Center 423-431-6111
www.msha.com

Christine LaGuardia Phillips Cancer Center at
Wellmont Holston Valley 423-224-4000
www.wellmont.org

Claiborne County Hospital 423-626-4211
www.claibornehospital.org

Cleveland Community Hospital 423-339-4100
www.clevelandcommunity.com

Cookeville Regional Medical Cancer Center
931-528-2541
www.crmchealth.org

Copper Basin Medical Center 423-496-5511

Cumberland Medical Center Regional Cancer Center
931-456-8390

www.cmchealthcare.org

East Tennessee Children's Hospital 865-541-8000

www.etch.com

Erlanger Cancer Center 423-778-5465

www.erlanger.org

Fort Loudoun Medical Center 865-271-6000

www.fsloudon.com

Fort Sanders Parkwest Medical Center 865-373-1000

www.fsparkwest.com

Fort Sanders Regional Medical Center 865-541-1111

www.fsregional.com

Indian Path Medical Center Regional Cancer Center
423-857-7000

www.msha.com

Jellico Community Hospital 423-784-7252 or
800-944-7252 (toll-free)

www.jellicohospital.com

Johnson City Medical Center Regional Cancer Center
423-431-6111

www.msha.com

Johnson City Specialty Hospital 423-926-1111

www.msha.com

Lakeway Regional Hospital 423-522-6000

www.lakewayregionalhospital.com

Laughlin Memorial Hospital 423-787-5000

www.laughlinmemorial.org

Memorial Hospital Cancer Center 423-495-7730

www.memorial.org

Methodist Medical Center of Oak Ridge

865-481-1000

www.mmcoakridge.com

Morristown-Hamblen Healthcare System Cancer

Care & Treatment Center 423-522-4630

www.mhhs1.org

Mountain Home VA Medical Center 423-926-1171

www.va.gov

North Side Hospital 423-854-5600

www.msha.com

Roane Medical Center 865-882-1323

www.roanemedical.com

Sarah Cannon Cancer Center at Parkridge

423-493-1690

www.parkridgemedicalcenter.com

Scott County Hospital 423-569-6119

Saint Mary's Jefferson Memorial Hospital

865-471-2500

www.ehealthconnection.com/regions/tennessee/

Saint Mary's Medical Center of Campbell County in

LaFollette 423-907-1200

www.ehealthconnection.com/regions/tennessee/

Saint Mary's Medical Center Cancer Center

865-545-8649

www.ehealthconnection.com/regions/tennessee/

Saint Mary's North Cancer Center 865-859-7020
www.ehealthconnection.com/regions/tennessee/

Sycamore Shoals Hospital 423-542-1300
www.msha.com

Thompson Cancer Survival Center 865-541-1111
www.thompsoncancer.com

Unicoi County Memorial Hospital 423-743-3141
www.ucmhnet.org

University of Tennessee Medical Center Cancer
Institute 865-544-9572
www.utmedicalcenter.org

Wellmont Bristol Regional Cancer Center
423-844-1121
www.wellmont.org

Wellmont Hawkins County Memorial Hospital
423-921-7000
www.wellmont.org

Woods Memorial Hospital District 423-263-3600
www.woodshospital.org

Insurance

Agency for Healthcare Research and Quality
301-427-1364

www.ahrq.gov

Provides information on healthcare and health insurance plans

Cancer Safety Program 615-253-6101

If receiving treatment or workup by doctor for possible cancer diagnosis when you were disenrolled from TennCare, you may be able to receive TennCare or coverage for cancer treatment. Contact is Clare Sullivan.

Indigent Care Program

Available through some local health departments; may provide care on a sliding scale basis. See Health Department under Health Care for phone numbers.

Medicare 800-489-4633 (Toll-free Customer Call Center)

www.medicare.gov

Health insurance for people 65 years and older; “Part A” covers inpatient hospital stays, limited care in skilled nursing facilities, home health, and hospice; “Part B” covers doctor’s visits, emergency room, lab work, home health, and durable medical equipment; “Part D” covers prescriptions

Social Security 800-772-1213 (toll-free)

<http://socialsecurity.gov>

Provides retirement benefits; must be 65 years or older to receive full benefits; also has disability benefits. Local offices:

Athens: 423-745-7488

Cookeville: 931-528-9765

Greeneville: 423-639-9506

Knoxville: 865-692-0196

Lafollette: 423-566-4007

Maryville: 865-982-3714
Morristown: 423-581-0258
Oak Ridge: 865-482-6908

TennCare/Medicaid

Health insurance for low-income residents.
Requires contacting local Department of Human
Services (DHS) office. Applications available
online:

<http://www.tennessee.gov/humanserv/hs-0169.pdf>

Local DHS offices:

Anderson: 865-457-3660
Blount: 865-981-2350
Campbell: 423-566-9639
Claiborne: 423-626-7285
Cocke: 423-623-1291
Grainger: 865-828-5251
Hamblen: 423-585-1444
Jefferson: 865-397-9401
Knox: 865-594-6151
Loudon: 865-986-4749
McMinn: 423-744-2800
Monroe: 423-442-7403
Morgan: 423-346-6237
Roane: 865-376-3491
Scott: 423-663-2821
Sevier: 865-429-7005
Union: 865-992-5802

Important (toll-free) TennCare phone numbers:

Info Line 800-669-1851
Advocacy Line 800-722-7474
Health Options Hotline 888-486-9355-for
TennCare disenrollees only; provides
healthcare resources by county
Solutions Unit 800-878-3192

Tennessee State Health Insurance Assistance
Program 877-801-0044

Assists people with Medicare with health insurance choices and problems

Legal

Cancer Legal Resource Center 213-736-1455

www.disabilityrightslegalcenter.org

Provides counseling and information on insurance, healthcare, employment, and other rights to cancer patients and families

Community Mediation Center 865-594-1879

Located in Knoxville; conflict resolution to members in community

Lawyer Referral & Information Service

865-522-7501

Knoxville Bar Association free public service; assists with finding resources for legal problems

Legal Aid Society of East Tennessee 865-981-1818

Provides legal representation for indigent clients in East Tennessee; offices located around East Tennessee; financial-eligibility requirements

Chattanooga: 800-572-7457 (toll-free) or 423-756-4013 or 423-265-4164

Cleveland: 800-445-3219 (toll-free) or 423-479-8577 or 423-339-3282

Johnson City: 800-821-1312 (toll-free) or 423-928-8311

Knoxville: 865-637-0484 or 865-525-1152

Maryville: 865-981-1818 or 865-981-1816

Morristown: 800-821-1309 (toll-free) or 423-587-4850

Legal Aid Society of Middle Tennessee and the

Cumberland-Oak Ridge 865-483-8454 or

800-483-8457 (toll-free hotline) or 866-481-3669 (toll-free tax hotline)

Provides legal representation for indigent clients in Anderson, Campbell, Claiborne, Morgan, Roane, Scott, and Union Counties; financial–

eligibility requirements; does not handle criminal matters unless court-appointed

Pro Bono Project 865-525-3425

Operated by Legal Aid with bar associations in Knox, Blount, Loudon, and Sevier counties; cases unable to be handled by Legal Aid may be taken by volunteers with the Pro Bono Project; same financial-eligibility requirements as Legal Aid

Rural Legal Services of Tennessee 423-483-8454

Provides legal representation for indigent clients in the 19 counties in the Appalachian coalfields of the Cumberland Plateau; located in Oak Ridge

Prescriptions

Abbott Diabetic Program 866-224-8887

Can provide free diabetic supplies if meet income guidelines and have been denied by Medicaid

Affordable Medicine Options for Seniors (AMOS)
865-524-2786

Provides information and advice to people 60 years and older; schedule appointments

Anderson County Community Action Center
865-457-5500

Assists with prescriptions

Co-Pay Relief 866-512-3861 (toll-free)

www.copays.org

Sponsored by Patient Advocate Foundation; provides assistance with prescriptions for insured patients who have been diagnosed with Autoimmune Disorders, Diabetes, Lymphoma, Sarcoma, Macular Degeneration, Breast, Colon, Lung, Kidney, and Prostate Cancers; complete application by phone; patients should call at first of month

Health Options 888-486-9355 (toll-free)

www.tnhealthoptions.org

Offers prescription options for TennCare disenrollees, as well as others who are uninsured

Linking ARMS 800-813-4673 (toll-free)

www.cancercare.org

Helps breast cancer patients with cost of some medications and supplies; provided by Susan G. Komen Breast Cancer Foundation and CancerCare; can only assist a patient once a year; applications available online

National Organization for Rare Disorders, Inc
800-999-6673 (toll-free voice mail only),
203-744-0100

www.rarediseases.org

Provides medication assistance program for specific conditions or situations

New Eyes for the Needy 973-376-4903

www.neweyesfortheneedy.org

Provides vouchers to assist with getting glasses for low-income individuals who do not have any other ways of getting glasses

Partnership for Prescription Assistance 888-477-2669 (toll-free)

P.H.D. 1-800-862-1456 (toll-free)

Helps patients choose right Medicare D for them; works with all ages to get free or reduced medications; provides mail-order prescriptions

PhRMA 888-477-2669

www.phrma.org/patients

Lists pharmaceutical company programs that provide drugs to doctors whose patients would not be able to afford them

Roche Pharmaceuticals 888-587-9438 (toll-free)

Patient Assistance Program for Roche medications; will need financial documentation, completed application, and prescription; staff/MD office to call phone number

RX Outreach 800-769-3880 (toll-free)

www.rxoutreach.com

Offers Patient Assistance Program for medications; application available online

www.helpingpatients.org

Website that offers information on programs that can assist with cost of prescription medications

www.needymeds.com

Website that offers information on programs that can assist with cost of prescription medications

www.patientaccessnetwork.org 866-316-7263 (toll-free)

Website that assists insured patients with cost of treatment

www.rxassist.org

Website that provides database of drug companies patient assistance programs

www.rxhope.com

Website that assists patients with prescription medications

Support Groups, Advocacy

*Senior Programs: People who are not in the senior age group may be able to qualify for some senior programs if they have a disability. Contact the programs to check qualifications if interested in a specific program.

Arthritis Foundation-Smokey Mountain Branch
865-470-7909

Support group for cancer patients who have arthritis

Breast Cancer Support Group 931-646-2026
Offered at Cookeville Regional Medical Center Education Room #3 on last Tuesday of each month

Cancer Patients and Survivors Support Group and Family and Friends Support Group
Offered at Blount Memorial Cancer Center Conference Room every Tuesday

Cedar Springs Presbyterian Church 865-291-5232
Located in Knox County; provides support group to those who have lost a loved one, people who have cancer

Circle of Hope 931-646-2026
Offered at Cookeville Regional Medical Center Education Room #3 on first Wednesday of each month; support group for patients and family members of any type of cancer

Cokebury United Methodist Church 865-694-9039
Located in Knox County; provides support group to those who have lost a loved one. Meets 2nd Monday of every month.

Disability Resource Center 865-637-3666

Family Bereavement Group 865-546-4661

Support group for family member or friend who has lost a loved one to cancer; offered at the Wellness Community in Knoxville

First United Methodist Church 865-483-4357

Located in Oak Ridge; provides support group for those who have lost a loved one; call to register to attend

Hope's Embrace Cancer Support Group
865-966-1190

Located in Knox County; provides support group to patients who have cancer and cancer survivors and caregivers

Hope for Today 865-984-0388

www.hopefortoday.us

Cancer support group in Blount County.
Meets 1st Monday of every month except holidays.

I Can Cope 800-227-2345 (toll-free)

Educational series sponsored by the American Cancer Society. Offered in various communities. Contact ACS for locations and dates.

Kids in Crisis Support (KICS) 865-544-5038

Provides grief support and counseling for children; offers Mane Support program (equine assisted grief counseling)

Knoxville Jewish Alliance 865-690-6343

Provides support group for those who have lost a loved one, caregivers of a family member with cancer

Look Good, Feel Better 800-227-2345 (toll-free)

Program through the American Cancer Society that teaches patients how to deal with the appearance-related side effects of cancer treatments.

Offered in various communities. Contact ACS for locations and dates.

Man to Man 800-227-2345 (toll-free)

Prostate support group sponsored by the American Cancer Society. Offered in various communities. Contact ACS for locations and dates.

Reach to Recovery 800-227-2345 (toll-free)

Peer support program for people with breast cancer. Volunteers are survivors of breast cancer; can meet face to face or speak by phone.

Wellness Community 865-546-4661

Provides various groups; to join a weekly group, must attend a Welcome to Wellness meeting and interview

Welcome to Wellness: Mondays 5:30 PM-6:30 PM, Thursdays 11:00 AM-12:00 PM

West Park Baptist Church 865-690-0031

Located in Knox County; provides support group to those who have lost a loved one; also provides support by phone or personal visits to people with cancer

Blind/Visually Impaired Services

Low Vision Center 522-2449

Provides services for people with low vision

Office on Aging 524-2786

Provides a support group; transportation available

Tennessee Department of Human Services 594-6060

Provides rehab teaching program through the state and a home eval to determine needs; waiting list up to 60 days

Smoking Cessation Services

Classes offered in various communities; call 865-215-QUIT for list of programs available in the community, including those surrounding Knox County

Knoxville Pulmonary Group Cessation Program 865-524-7471

Provides assistance with quitting smoking/tobacco use

Quit for Life 931-528-5176 (Randy Todd)

Smoking Cessation group; meets Sundays and Thursdays at Cookeville Regional Medical Center Cafeteria Conference Room

Smokefree.gov 800-784-8669

Provides information, referrals, and support to help quit smoking

Transportation

American Cancer Society 800-227-2345 (toll-free)

May be able to provide transportation in some counties

CAC 865-524-0319

TennCare appointments or for those who do not have access to KAT Bus; application process and income guidelines for those without TennCare

CSA TennCare Transportation 865-594-5627 (Knox County) 800-671-4018 (toll-free)

Cumberland County Human Resource Agency
931-456-0691

East Tennessee Human Resource Agency (Ethra)
800-232-1565 (toll-free)

Charges a fee, including crossing county lines; for Knox County residents, only serves Knox County, not Knoxville City-contact CAC or use KAT bus

First Tennessee Human Resource Agency (FTHRA or Net-trans) 423-461-8288

Serves Carter, Green, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties; may charge a fee

KAT K-trans City Bus 865-637-3000

KAT Lift 865-215-7850

Available for those who require door-to-door transportation due to medical disability; requires application

Oak Ridge Taxi Coupon Program 865-425-3999

Oak Ridge residents; provides reduced taxi fare coupons for the elderly

Oak Ridge Transit 865-482-2785

www.oakridgepublictransit.org

Provides fares one-way or round trip; may charge a fee

Air Travel

Angel Flight America 800-446-1231

www.angelflightamerica.org

Provides free air travel to hospitals; certain criteria apply; must call to request flight

Corporate Angel Network 866-328-1313 (toll-free)

www.corpangelnetwork.org

Arranges free travel on corporate jets for cancer patients and bone marrow donors and recipients; certain criteria apply; call or email company

Mercy Med Flight 817-626-6082

www.mercymedflight.org

Provides free medical air travel based on need and patient's condition

National Patient Travel Center 800-296-1217 (toll-free)

www.patienttravel.org

Provides referral to free or discounted medical air transport based on need and patient's condition; can apply online or by phone

Veterans

VA Benefits Information 800-342-8330 (toll-free)

Local Veterans Benefits Office:

Chattanooga: 423-634-6488

Cookeville: 931-526-6929

Knoxville: 865-594-6158

Morristown: 423-587-7032

Mountain Home:

423-926-1171 ext 7202

VA Johnson City 423-926-1171

VA Murfreesboro 615-893-1360

VA Monroe County 423-442-5812

VA Outpatient Clinics:

Chattanooga: 423-855-6550

Cookeville: 931-528-2531

Knoxville: 865-545-4592

Mountain City: 423-727-5900

Revised 11/2/06 TG